

Youth Update October 2014

Youth café - The Hub youth café continues to run on a Monday night for young people school years 9 – 13. Over the past weeks we have enjoyed lively games, many evenings of playing articulate, quizzes, great coffee, hot chocolate mountains and even had an exhausting evening with a bouncy castle. The young staff team continue to master their barista skills as well as being on the tills and waitressing. Youth workers are on hand for the young people for advice and support when required.

Mentoring - Emma continues to mentor students through Steyning Grammar school on a referral basis. If you, or a young person you know is struggling at the moment and would appreciate having someone to talk to or in need of advice or sign posting to other youth agencies please feel free to get in touch.

Cuthman Centre – We continue to run three youth groups at the Cuthman Centre. On a Tuesday night we have school year 7&8 club from 5.00pm- 6.45pm followed by a youth club for school years 9-13, 7.00pm – 9.00pm and on Thursdays the youth club is open for all ages school year 7-13 and runs 7.00pm – 9.00pm. During this term we have done many activities such as cooking, quizzes, educational sessions, craft, had guests running DJ workshops, played football and dodge ball as well as the usual games, movies, pool, table tennis and skateboarding. We are also running a junior camp with young people across the Horsham district in Broadbridge Heath during this half term and will be visiting Dunsfold Top gear track in November giving young people aged 14+ a go behind the wheel and teaching them about driving and road safety.

Special events – The young people have been involved in the Free Your Mind convention that took place on Tuesday 28th at county hall north, a convention for young people to talk about the impact of mental health issues. This conference was run by young people and contained talks by some of the organisers as well as invited specialists. The conference was open to young people, professionals and parents.

We are looking forward to the run up to Christmas and have lots of exciting activities and events planned, to stay up to date please like our Facebook page www.facebook.com/cywsouth

Volunteers – We are currently looking for volunteers to help with our youth activities. Previous experience is not essential, just an interest in working with young people, adaptability, and be willing to try something new. We are particularly short on female volunteers and would appreciate volunteers for any of the Cuthman Center based activities. Tuesdays between 5.00pm – 9.00pm and Thursdays 7.00pm – 9.00pm if you are interested please contact Emma Edwards on emma.edwards@horsham-matters.org or call/text on 07702492828.