





Youth Worker	Emma Edwards, Maria Colenso and Paul Conroy
Area	Steyning, Upper Beeding, Ashurst and Bramber
Date	May 2016

Areas of work since last report

<p>HUB FUN – Youth Club</p> 	<p>This is a new youth club for school years 6, 7 & 8 and so far has been well attended, with young people coming from across Small Dole, Bramber, Upper Beeding, Steyning and Shoreham. We have a fantastic team of volunteers consisting of 5 adult helpers working on a rota basis alongside Maria and one young leader. The club offers a different activity each week, such as craft, Zumba and origami alongside ball games in the hall, table tennis, games consoles, a tuck shop and a chill out room. A trip to Chessington World of Adventures has been planned for Half term. This club has also enabled us to make contact with a lot of local parents within the community who have shared their excitement for the new provision.</p>
<p>Cuthman Youth Clubs</p> 	<p>Tuesday youth club 5.00pm – 6.45pm for school years 7&8, 7.00pm-9.00pm for school years 9-13 This term we have been doing a variety of different activities such as face painting, cookie baking, circus skills, learning how to finger spell for deaf awareness week and taking part in an interactive quiz. Numbers have been good although we have recently seen a slight dip in attendance by some groups as the weather has improved and young people are playing football on the MPF or are playing cricket as the season begins. We have a lively bunch of engaged young people who get on well with each other and on the whole are happy to try new things and join in with activities as well as seek guidance and support for difficult issues.</p> <p>Thursday youth club 7.00pm – 9.00pm for school years 7-13 This quarter we have sadly lost a great volunteer due to ill health and have needed support from our stand in volunteers – big thanks to them for supporting the group to continue. Fortunately we have now been able to recruit someone new from the community. The young people have enjoyed activities such as movie nights, and nerf wars alongside all the usual activities on offer. A trip to Airhop (indoor trampoline park) has been arranged for half term.</p>
<p>The Purple Bus</p> 	<p>Since the 4th of May and every Wednesday till the end of term (mid July) The Purple Bus, a mobile youth club will be opposite the sports centre in Upper Beeding from 7.00pm – 9.00pm. SAYS community youth workers will be working in partnership with WSCC youth workers to reach, support and engage with local young people. There are lots of activities on the bus for young people including card games, Wii and PlayStation, football, internet, TV, music and internet as well as laptops, food and drink, art, quizzes games and an opportunity for young people to get information, support and guidance. So far we have interacted with 10 young people over the first two weeks and look forward to trying to engage with this group and build relationships over the future weeks.</p>

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<p>Youth Voice</p> 	<p>4th Friday of every month 4.30pm – 6.00pm The group had it’s first meeting on the 22nd of April, during this meeting the group discussed the aims and values of the group as well as electing a secretary, chair and vice chair. The group contributed to the youth report as part of the Steyning Downlands Scheme steering group meeting the following week. The young people have also had workshops in their roles learning how to take minutes and put together an agenda. The group will be meeting next on the 27th of May and have invited 2 members from the Steyning patient participation group to attend in order to look more closely at ways in which young people access medical services locally. Alongside this the young people will also be exploring possible involvement and development in creating an anti cannabis campaign with the Think Family Network.</p> <p>If you would like to follow the group on twitter, the young people have also set up a twitter feed for the group @YouthVoiceSouth</p>
<p>LGBT Motley Crew</p>	<p>1st Wednesday of every month 4.30pm – 6.00pm - following a couple of the core group members leaving the local area this group has now become a reactive group, we have enabled young people to attend the allsorts group in Brighton and have made good links with them. PC Pearson is still on board to offer support and if contacted by a young person/s we can offer one to one support or provide a space for peer support through the group.</p>
<p>Volunteer recruitment and training</p>	<p>As mentioned above unfortunately we recently lost one of our regular volunteers. Due to ill health, he was unable to offer the same level of commitment.</p> <p>We welcomed a new volunteer from the community, Carla who is very committed and relates to the young people well. Carla brings many skills to the team including an artistic flair, and interest in fitness and the ability to build motorbikes!</p> <p>Through the start of Hub Fun we have also managed to recruit a further 2 volunteers with another currently going through processing.</p> <p>As well as this we have received interest from a few 6th formers who would like to become young leaders especially through the summer months.</p> <p>Emma attended training on “Effective Volunteer management “ on the 14th March with HMSVA</p> <p>Maria attended Counter terrorism training 22nd April with HDC and Horsham Community Safety Partnership</p>
<p>Steyning Downlands Scheme</p>	<p>Emma continues to sit on the steering group for SDS championing young people and exploring way in which the scheme and young people can work together to enjoy the land more cohesively. Over the last few months there have been some issues with large gatherings and anti social behaviour, such as littering happening on the sit. Through the youth voice group, SGS, the wardens and the scheme the steering group are looking at ways to resolve this issues in a collaborative way.</p> <p>Emma has also recruited a young person from Steyning sixth form to sit on the steering group as a youth rep this month to ensure that young people are actively involved in the scheme at a strategic level.</p>
<p>M.A.P - The Mocktail Apprentice Project And junior citizen’s week</p>	<p>The Mocktail Apprentice Project, supported by CYW youth workers took place at Steyning Grammar school on the 21st of April for all year 8 students with pre lessons the week before which were lead by Emma and Dann Morris (Horsham matter’s substance misuse worker) The project teaches young people about the health dangers and possible risks of drinking too much. Through the project, the young people learn enterprise skills as they set up their own micro business and produce their own mocktai. The Grand Finale was on the 11th of May and was held at Ghyll Manor in Rusper-Horsham won by Rydon Community College. Sadly due to lack of on going funding this will be the last year of the project.</p> <p>The week beginning the 23rd of March saw junior citizens week, as part of this Emma lead alcohol awareness sessions for all year 6’s from Upper Beeding, Steyning and Ashurst primary school.</p>

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<p>Steyning Festival</p> 	<p>The community youth work team are actively involved in some of the events taking place as part of The Steyning festival this year and have spent the last few months planning for the following;</p> <p>Community Fun and Sports Day 30th May 11.00am – 4.00pm Memorial Playing Field – The team will be running a mobile skate park session as park of the day.</p> <p>SDS Acoustic 3rd June 7.00pm – 9.00pm Old Flint Barn. This is our annual gig with young performers in partnership with The Steyning Downlands scheme, this is the third gig we have put on and we usually see around 80 people attend the event. The auditions for this gig took place on the 12th of May and we had 16 young people audition in total. As well as performers we also have a sound and tech team of young people from the local area.</p> <p>Silent Disco 4th June 5.00pm – 7.30pm Big Top Fletchers Croft - Silent disco for under 18's including superstar DJ competition. During this event the winning mocktails from SGS and Rydon school will be sold as part of the event's mocktail bar.</p>
<p>Mentoring</p>	<p>Emma continues to support students from SGS on a one to one basis through period 5 of Tuesdays and Thursdays. This service is also offered to The Towers school when required. Maria has also started to mentor a young person who we became concerned about through interaction during youth club. Current areas of support are topics such as bullying, home life, exam pressure and stress, poor school attendance/attainment, self-harm and low self-esteem.</p>
<p>Summer Sports Week</p>	<p>We are working in partnership with HDC Leisure Link to provide summer sports activities for some of the young people we work with as part of their summer sports camps on the 4th and 11th of August. It is hoped that by working together we can increase the age range and attendance of young people on specific days. By working in partnership we can reach more young people by using their coaches and staff to deliver more. This will form part of our delivery of summer youth provision in addition to detached youth work, camps and other activities through out the summer months.</p>
<p>Skate Ramps</p> 	<p>The team held a training day on the ramps with an opportunity for young people to use the equipment at Upper Beeding on the 29th April which was an Inset day for SGS. Unfortunately the take up on the day was very poor, but was helpful for working through issues with the space and ensuring a smooth running for next use.</p> <p>Fun day 30th March The team will be running a session as part of Steyning festival community fun day.</p> <p>There is meeting with Nick Wergan 14th June to give an update on provision and ask permission for use of mobile provision on school site during school holidays.</p> <p>The team will run sessions on the 26th of July and the 16th of August as part of their district wide offer over the holidays.</p> <p>Horsham Matters have now purchased a vehicle to tow the equipment, however all volunteers/workers must have the correct allowances on their driving licenses which only a few members of the team do have. Recruitment for volunteer drivers has been difficult. Emma has also approached the MPF skate park Facebook group to enquire if any one would be willing to aid in the setting up of the equipment as this requires some strength and effort but sadly so far to no avail.</p>
<p>Action Against Bullying Steering Group</p>	<p>Emma continues to sit on the Action Against Bullying Steering group in order to represent the voluntary sector. The group held an event on the 10th of March at The Carmandean Centre in Worthing this was attended by youth workers, schools workers and family support workers. The event discussed ways in which the operational plan written by the steering group could best be taken up in order to support young people who are being</p>

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	bullied and their perpetrators. The group also set a questionnaire over anti-bullying week that was taken up strongly by The Towers School following an assembly taken by Emma to understand the issues faced by young people and gain a better local picture.
Networking	Regular meetings with other youth workers and organisations, keeping up to date with partner organisations. During April Emma and Liz had a meeting with the head of the YES team (Youth Emotional Support) to explore ways in which young people are being supported locally and seek ways in which we can work together more cohesively to support young people needing assistance with emotional wellbeing especially in the rural south of the district. Emma also attended the Think Family Support Network meeting on the 25 th of April. We have also been working with the Steyning patient participation group looking at medical services and accessibility for young people in the area.
Summer Camp	Brinsbury 17 th – 19 th August Planning is underway to provide an over night camp for young people from across the district at Brinsbury campus. The camp will offer lots of fun activities such as tree climbing, raft building and animal care alongside group games and campfires. The camp will also provide a service for parents through the summer holidays providing positive activities for their children to attend.
Trips/events and Upcoming	<p>Free Your Mind – FYM is a one-day convention run by young people and professionals for young people and took place on 18th of February. Emma took a group from the Steyning area to the day in Horsham to gain support through the various workshops and stands on offer. The convention was a great success with over 50 young people and more than 30 professionals turning up to discuss and learn about mental health. The title of the conference being “lets talk about it” looking at how to break down stigma and raise awareness and how friends can support others with mental health problems.</p> <p>SDS Showcase Emma took part in the SDS Information exchange on the 24th of February to talk about ways in which the scheme were engaging with young people and how this might improve in the future.</p> <p>Upcoming</p> <p>Steyning Festival: Community Fun and Sports Day 30th May 11.00am – 4.00pm Memorial Playing Field, SDS Acoustic 3rd June 7.00pm – 9.00pm Old Flint Barn, Silent Disco 4th June 5.00pm – 7.30pm Big Top Fletchers Croft</p> <p>Chessington World of Adventures 31st May (All Day) for young people school years 6,7&8 primarily from The Hub Fun youth club</p> <p>Air Hop: trampoline park in Guilford 1st June 12noon – 4.30pm for school years 7+ Primarily from Cuthman youth clubs.</p> <p>Summer Programme</p>
Social Media	Keep up to date with all current activities through social media Like our Facebook page: www.facebook.com/cywsouth Follow the team on TWITTER: @communityYW Follow us on Instagram: @CYW_SOUTH

Work to focus on next quarter

Upcoming Events
Summer Planning
Volunteer recruitment
Mobile skate park sessions.

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Feedback from young people/community

"I would like you to start meeting with J straight away, we haven't been able to get her to open up to anyone here so I'm really glad to hear she's been getting support from you and really happy to talk to you, really any support you can give would be great as she's a bit of a concern to us". – re: Maria, Behavioural support SGS

"You are a positive person, we must find ways to do more things together and work together more– I think we could do some great creative things, the kids would love it!" – re Emma, head of music SGS

"Hi Emma,

Thank you so much for this information. I really appreciate it. Didn't know where to start and I know she needed help. Thanks for pointing me in the right direction." – email from parent following sign posting to services.