

SAYS autumn and winter term highlights and update

Youth clubs

Cuthmans

This term has been a real success for Cuthman youth clubs with an uptake in numbers for clubs and a great variety of activities on offer for the young people – Highlights have included, bonfires and marshmallows on The Downs, bingo nights with special prizes, cooking activities including sushi making and visits from the Brighton Science festival. All this along side the usual activities such as computers, games, pool and table tennis in addition to information evenings, advice and guidance from youth workers. There are three youth clubs running out of the Cuthman Centre during the week on Tuesdays and Thursdays for different age groups between 11-19 years of age. Through these clubs we are able to engage with up to 60 individual young people during the week, with many maintaining consistent membership. These clubs have also given young people the opportunity to volunteer and become young leaders, gaining qualifications, DofE awards alongside valuable experience, confidence building and responsibility. This term one of our young people completed his Level 2 leadership award during a two day residential through Ambition Youth.

Hub Fun

Continues to run on a Monday evening for school years 6,7&8 in Upper Beeding with an average of 15-20 young people attending each week. Recently the club had a visit from Rikkyo Japanese school from Horsham who brought over their students to teach the young people origami, some phrases and took part in a tea ceremony. Both groups of young people gained a lot from the cultural exchange learning and playing together. Members of Hub Fun have also held a Halloween disco, took part in some Zumba dancing and worked towards designing their own logo for the club.

The Purple Bus - mobile youth vehicle

This is a partnership project between West Sussex County Council and SAYS. This term the Purple Bus changed it's time in Upper Beeding to 4.00pm – 6.00pm on a Wednesday due to availability of WSCC workers. Unfortunately the change in time did not meet the needs of the young people we were trying to reach and although Emma and the team made contact with a few groups of younger children, we decided this provision was not meeting it's aims and objectives and has since been withdrawn. In order to address some of these issues and continue to provide a service – we are planning on reinstating the later time slot of 7.00pm – 9.00pm in the New Year with a different vehicle in order to reengage with particular groups of young people.

Half term

This half term was one of the most successful in terms of trips. With 50 individual young people attending trips over the break, some going on two. The young people went to Air hop, Chessington and Thorpe Park fright nights over the course of the week hiring minibuses from SGS – all young people had a great time and many parents were grateful for the holiday provision.

Schools work

Mentoring and one to one work continues in both Steyning Grammar School and The Towers supporting students who need some additional help and signposting into specialist services – these issues have covered areas such as family breakdown, stress and anxiety as well as low self esteem and coping mechanisms. Youth workers have also imputed into parental meetings, providing advocate for young people and been asked to speak on particular subjects to year groups such as self-harm.

Crafternoon

Early December the youth clubs hosted a crafternoon in aid of MIND the mental health charity. During the Saturday there were various craft activities for people to try out as well as tea and cakes. Everyone who attended from the community enjoyed their time, with around 40 people coming along over the course of the day from all ages. £96.13 was raised for the cause.

Keep Up To Date

To see photos/videos and up to date news of all the things we are providing for young people please like and follow our Facebook page www.facebook.com/cywsouth or follow us on twitter @CommunityYW